

Dr. Karp's Ultimate Skin Superfood Ingredient Benefits

Organic Pea Protein Powder:

- Contains all essential amino acids which are the building blocks of collagen and elastin
- Contains tryptophan that is missing in collagen products
- Reduces the appearance of fine lines and wrinkles
- Protective and moisturizing effect
- Improve skin firmness and elasticity
- Restore skin integrity
- Anti-aging effect
- Skin brightening

Organic Flaxseed Powder:

- Rich in omega 3 fatty acids
- Help prevent skin dryness
- Helps skin retain moisture
- Helps smooth fine lines and wrinkles
- Helps keep skin soft and supple
- Helps keep skin tight and lessen sagging with age

Organic Blueberry Powder:

- Rich in vitamin C and fights collagen breakdown
- Anti-inflammatory – major cause of wrinkles
- Cellular renewal and protection
- Youthful looking skin
- Brighten dull or sun damaged skin
- Helps regulate natural oil production
- Rich in antioxidants – anti-aging

Cucumber Powder:

- Rejuvenates the skin
- Helps detoxify toxins
- Tonifies the skin
- Skin repairing properties
- Helps combat premature aging
- Helps increase your own collagen production
- Anti-inflammatory properties

Zucchini Powder:

Helps lift sagging areas
Powerful anti-aging properties
Good source of antioxidants
Helps skin hydration
Helps protect against sun damage
Enhances skin glow

Organic Wheatgrass Powder:

Anti-aging properties
Helps reduce skin wrinkles
Rich in antioxidants – anti-aging
Boost overall health and function of the skin
Maintain skin elasticity
Promotes skin glow
Regenerate skin cells
Helps with discoloration

Organic Beet Root Juice Powder:

Anti-inflammatory properties
Blood purifier
Evens out hyper-pigmentation
Enhances skin glow
Hydrates the skin
Smooth, silky skin
Clear, vibrant skin
Helps fight acne

Organic Matcha Powder:

Fights premature aging
Helps promote a vibrant complexion
Protects against sun damage
Helps with hormonal acne
Reduces inflammation
Firms the skin
Can help reduce wrinkles
Powerhouse of antioxidants – anti-aging

Organic Kale Powder:

Helps your skin look younger and healthier
Brightens your skin appearance
Reduce hyperpigmentation
Detoxifies the skin
Reduce fine lines and wrinkles
Helps tighten the skin
Help repair sun damage
Helps with collagen formation

Organic Blackberry Powder:

Refines the skin
Renews the skin cells
Gives skin a healthy glow
Reduce appearance of fine lines
Excellent source of antioxidants – anti-aging
Reduce damage to skin cells
Helps the body produce collagen
Hydrates the skin

Organic Pomegranate Powder:

Natural antimicrobial – help with acne
Gives skin a radiant glow
Helps reverse sun damage
Helps with anti-aging
Helps reduce hyperpigmentation
Helps skin regenerate
Detoxifies the skin
Helps protect against UV radiation
Rich in antioxidants – anti-aging
Promotes firm, smooth skin

Organic Black Currant Seed Powder:

Moisturizes the skin
Skin looks firmer, fresher, younger
Helps collagen production
Anti-inflammatory properties
Can help with skin conditions
Rich in antioxidants – anti-aging
Antiseptic effects
Helps reduce skin sagging and wrinkling
Evens skin tone

Organic Rice Bran Powder:

Helps protect the skin from environmental damage
Reduces appearance of fine lines and wrinkles
Nourishing and moisturizing to the skin
Brightens the complexion
Rich in antioxidants – anti-aging
Contains squalene – hydrating, moisturizing and protective
Evens out skin tone and texture
Softens and smooths the skin
Creates a youthful glow

Organic Tomato Powder:

Stimulates collagen production
Rich in antioxidants - anti-aging
Protection from sun damage
Restores glow to the skin
Rejuvenates the skin
Helps reduce fine lines and wrinkles
Evens skin tone
Tightens skin pores

Organic Spinach Powder:

Enhance skin radiance
Build healthy, clear skin
Helps body create collagen
Detoxifies the skin
Rich in antioxidants – anti-aging
Brightens the skin
Protect the skin from UV radiation
Helps improve skin texture

Organic Lemon Powder:

Helps reduce skin damage and aging
Skin antimicrobial and astringent
Help brighten and lighten the skin
Boosts collagen production
Reduces hyperpigmentation
Natural detoxifier
Clear and glowing skin
Reduces fine lines and wrinkles

Collard Green Powder:

Detoxifies the skin
Builds and maintains collagen
Gives skin a healthy, youthful glowing complexion
Promotes smooth, supple skin
Helps in reduction of fine lines and wrinkles
Powerful antioxidant – anti-aging
Reduces the appearance of wrinkles

Orange Fruit Powder:

Rich in vitamin C
Evens out skin tone and texture
Supports production of collagen
Restores elasticity to the skin
Firmer complexion
Reduction of fine lines and wrinkles
Anti-inflammatory properties
Promotes glowing skin
Rich in antioxidants – anti-aging

Swiss Chard Powder:

Rich in phytonutrients
Moisturize the skin
Gives skin a supple, dewy appearance
Renews and repairs the skin
Protects the skin from sun damage
Powerful antioxidant – anti-aging
Rich in biotin for hair health
May reduce fine lines and wrinkles
Gives skin a youthful glow

Apple Powder:

Help tighten the skin
Hydrates the skin
Brightens the complexion
Gives skin a glow
Helps you make your own collagen
Storehouse of antioxidants – anti-aging
Protection of UV radiation
Help maintain youthful elasticity longer

